

TIPS AND TRICKS

Networking

- **Start With Who You Know:**

- Teachers, counselors, and coaches can connect you with programs or alumni
- Parents, relatives, and family friends often know people in different fields, so don't be afraid to ask
- Club advisors often have specific major-focused networks you may be able to look into

- **Use LinkedIn:**

- Create a student LinkedIn profile: add your school, clubs, volunteer work, and interests
- Connect With:
 - Classmates
 - Club officers and teammates
 - Alumni from your high school
 - Professionals you meet at events
- Follow:
 - Universities, Companies, Organizations, and Students from Dream Colleges in your field of interest
- Resources
 - College Board AP Classroom
 - John Green Crash Course History series
 - Heimler's History
 - Fiveable History FRQ workshops

- **Reach Out (Cold Emailing):**

- When you find someone inspiring or someone you possibly would like to work with, send a short, polite email

- Step 1: Introduce yourself
 - Example: “Hi, I’m a junior at XX High School interested in medicine!”
- Step 2: Compliment or acknowledge their work
 - Example: “I saw your research project at Northwestern University about the XXX topic and found it extremely inspiring.”
- Step 3: Ask for advice
 - Example: “I would love to hear about how you got started and what advice you would give to a high school student like me!”
- Step 4: Ask if they offer high-school opportunities
 - Example: “Your work really motivated me to take on a similar role, and I was wondering if there was any way I could shadow you to learn more about your research.”
- Don’t let yourself down if they don’t respond. Keep going until you get a response!!
- **Attend Events:**
 - Club Conferences (especially if they have State or National Conferences)
 - Community Events, Local Chambers of Commerce, or City Council Meetings
 - Webinars, Guest Speaker Series, or Online Workshops
- **Why It Matters**
 - Discover internships, shadowing, extracurriculars, and even volunteer opportunities
 - Learn about new careers and majors
 - Stand out by taking the initiative